

# HOLLY DOWLING

Speech Descriptions



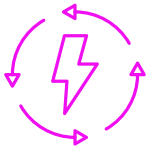
**Hire Holly | Contact Kerri**

**Text | (323)400.3011**

**Call | (323)400.3011**

# TOP GLOBAL SPEAKER IN LEADERSHIP

Holly Dowling is one of the most booked speakers in the leadership arena. Here are 7 reasons why:



Energetic, passionate, and authentic, Holly blends neuroscience facts with an action-packed visual experience.



Consistently receives the highest ratings as a global keynote speaker from worldwide Fortune 100 organizations.



Dynamic, vulnerable, and mindset-shifting, Holly opens up about her real-life experiences that allow audiences from all walks of life to see authentic leadership in action.

WHY FORTUNE 100 COMPANIES ALWAYS HIRE HOLLY



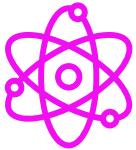
Holly's passion is cultivating the best short and long-term transformational experience for your audience, your team, and your organization's overall objectives.



Never the same presentation, Holly tailors her messages to your audience/needs guaranteeing that each attendee walks seeing and knowing the authentic leader within themselves just a bit more.



From large company-wide events to intimate executive retreats, Holly's energetic and engaging style meets audiences where they are so that they walk away with exactly what they are needing at the moment.



Holly creates transformational experiences that combine groundbreaking science with everyday authentic leadership principles.

WHY FORTUNE 100 COMPANIES ALWAYS HIRE HOLLY



## Unlock Your Authentic Leadership Within: Letting Go And Returning To True Leadership

Let's be honest. What is taught as modern leadership is anything but natural. The gimmicks, manipulated nonverbal communication, and toxic social stories have created a world of doubt, confusion, and feeling incapable of being a successful leader. lead in service, and lead in success every day.

But what if all of that doubt, toxicity, and unworthiness was all a lie?

Because it is.

## PERSONAL AND TEAM LEADERSHIP

In Holly Dowling, **Unlock Your Authentic Leadership Within: Letting Go And Returning To True Leadership**, gone is the double-mindedness of what you should say or do. Gone is the fear of being accidentally “toxic.” Gone are the days of feeling less than or unworthy of the space/title/ influence you hold.

With the latest neuroscience and mindset studies, Holly shows your audience how leadership is the authentic nature of humanity. This high-energy experience shows everyone how they are designed to be a leader, why their authentic leadership style matters, and how they can use it daily to lead themselves, lead in service, and lead in success every day.

Audience Walkaway Transformation Points From **Unlock Your Authentic Leadership Within: Letting Go And Returning To True Leadership**:

- Leadership is more than business.
- Uncover and take action with the true leadership style within your team members.
- Learn how to use your unique leadership style/strengths to your advantage in life and work.
- Uncover the “leadership traits” that are harming your health, happiness, and how you show up to the world (and at work.)
- Master the “Ripple Effect” in leading all areas of your life.

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**WHAT FORTUNE 100 AND 500 LEADERS ARE SAYING ABOUT HOLLY DOWLING:**

“Holly has helped the Cisco SLED United executive team get a deeper understanding of our individual strengths and define what great looks like across our organization. This depth and clarity, during a time of significant change, has accelerated trust and agility in our leadership team and is visible in our business success. Holly’s direct treatment of growth barriers and positive focus on the future are a gift to any team she works with.”

**Mike Witzman | Senior Systems Engineer Director**





## Extraordinary You

We've all been there. We feel hopelessly lost when all we hope for in life is to be fully together. Personally, professionally, internally, and externally - all we desire is to have our lives powerful, passion-filled, and insanely "perfect." But we aren't there. We aren't extraordinary, and we are currently failing at ordinary.

We have lost our dreams, visions, and what we want.

Though it may feel like you can't find your way back, you can. And Holly Dowling helps you get there.

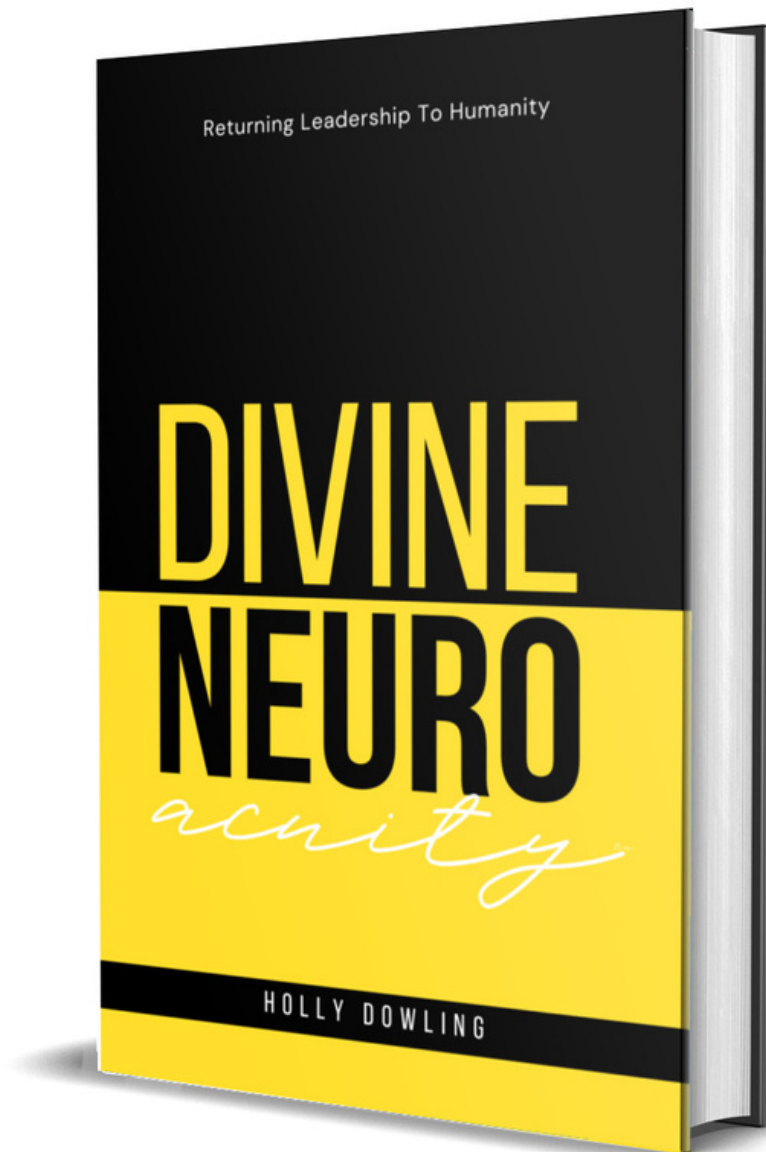


## PERSONAL LEADERSHIP

In Holly Dowling's *Extraordinary You*, together you dismantle the toxic social stories of selflessness and learn that to serve the ones you love truly, you must be a little selfish first. Plus, you will discover how to truly let go of the negative and traumatic events of the past so that you can love yourself and life today. Blending her own real-life stories, neuroscience training, and the latest studies in mindset, Holly shows you not just how to change your thoughts, but how to change every relationship in your life.

*Extraordinary You* audience members leave inspired knowing:

- The 3 fundamental questions you must ask and answer for yourself to change your life starting today
- The true power of choice and how to use it to your advantage
- With defined personal rules of engagement and non-negotiables for themselves in the top 3 key areas of life (self, personal, and professional.)
- Deep dive into the living the 5/5/5 rule
- Shift the 3 pillars to mental strongholds (clarity, grace, and courage) to your everyday advantage



## Divine Neuro Acuity™: Returning Leadership To Humanity

Winston Churchill, Margaret Thatcher, and Nelson Mandela - leaders who have led great nations and people through some of the most difficult tragedies with strength, compassion, and heart. That even decades later, these great leaders are admired and respected. And though each faced momentous challenges, their leadership seemed effortless, steadfast, unwavering, and heart-centered.

These leaders weren't just great. They were great people who understood their power within their Divine Neuro Acuity.™ They didn't listen to their outside worlds. They connected with their Divine inside world.



## C-SUITE LEADERSHIP

The great thing is that this legendary leadership insight of Divine Neuro Acuity™ is at your fingertips too. Yes, you can learn how to tap into your Divine Neuro Acuity™- aka your D.N.A. and lead your teams (big or small) through anything. All you need to do is understand, connect, and find your flow in your Divine Neuro Acuity™.

In **Divine Neuro Acuity™: Returning Leadership To Humanity**, Holly Dowling brings you this leadership-changing message. In a day and age where inclusion, diversity, transparency, and holistic leadership are sought after in large organizations - mastering Divine Neuro Acuity™ brings about these characteristics organically to your organization.

Blending the latest in neuroscience, neuropsychology, and quotient knowledge (IQ, EQ, and SQ) with personal development and action-focused solution helps everyone discover the authentic leadership style within themselves.

Engaging, passionate, and relatable, Holly Dowling will leave your audience inspired, focused, and knowing how to take life-transforming action.

C-Suite Attendees Walk Away Implementing:

- The “Follow Flow” Technique allows leaders to understand why people choose to follow them and how who they follow directly impacts their influence.
- How to fully release the fear of f\*\*king up.
- Reinvent, reinvigorate, rewire, and realize their authentic leadership style.
- Dismantling the toxic “Barbed Wire Leadership” methods they have learned over the years.
- Understand how to lead in a magnetic authentic way while creating organization-wide magnitude-level results.
- How to design/build a complete and competent team that fully supports and creates the company’s vision.

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**WHAT FORTUNE 100 AND 500 LEADERS ARE SAYING ABOUT HOLLY DOWLING:**

"Your passion and credible message captivated and inspired our leadership team at Community. The buzz is still ringing ... Leaders need you!  
**Bryan Mills | President & CEO | Community Health Network**

# LEADERSHIP EXPERIENCES BUILT FOR YOU

Holly also creates customized speeches and multi-event leadership experiences.

## 1.

### INSPIRE A FORTUNE 100 ORGANIZATION FROM THE TOP DOWN AND FROM THE INSIDE OUT

- Global-wide, mainstage keynote speaker at their yearly corporate meeting (Holly was voted one of the top six-speaker by the audience and leaders attending this multi-day, international event.)
- Develop and lead an all-day session for the top 25 senior global leaders within this Fortune 100 organization.
- Curate and lead three regional, full-day emersions sessions with senior managers and directors over six months.
- Deliver a virtual keynote for over 1000 global clients as a giveback to their top spenders.
- Create and execute a four-session intensive over six months for their Vice-Presidents and senior leaders.
- Deliver an in-person keynote to the CEOs and CFOs of their top 200 State based clients.
- Spoke at their exclusive event with 300 of their top global business partners with net worths of over a billion dollars.

## 2.

### DISCOVER, DEVELOP, AND PROMOTE THE FEMALE LEADERS WITHIN A GLOBAL FORTUNE 100 COMPANY

- Keynote speaker with Q and A for this Fortune 100 company's up-and-coming, high-potential leaders.
- Designed and aggregated a survey to understand the true struggles of the female leaders within the organization.
- Create and lead an ongoing virtual mentorship program with six months of training.
- Developed and lead a 12-month program for nominated women voted as the true leaders.
- One-day intensive live event to celebrate the completion of the 12-month program.

## 3.

### TRANSFORM AN INTERNALLY DISJOINTED FORTUNE 500 TECHNOLOGY COMPANY INTO A FOCUSED, FUN, AND FUNCTIONING ORGANIZATION

- Lead 2 live full-day immersive training for their top 25 leaders
- Cultivated and lead 8 virtual webinars with Power Circles over 8 months for their senior leadership



## HIRE HOLLY

These are just a few examples of previous clients. If you are interested in customized keynotes or multi-date series on Team Building, Leadership, Confidence, Women and Business, and C-Suite Leadership—let's talk!

To find out more call Kerri or send her a message. (She manages all things speaking.)

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